



IS RTP

INTERNATIONAL SLEEP RESEARCH TRAINING PROGRAM

Advance your career in sleep research

The International Sleep Research Training Program (IS RTP) is a mentorship program that *pairs you with an accomplished leader in sleep research* for one year of learning, collaboration, and connection with the global sleep community. IS RTP mentors represent many of the world's leading sleep and circadian research institutions.

Who is IS RTP for?

IS RTP is designed for young and mid-career sleep researchers and physicians who wish to advance their research careers and contribute to the sleep field. Our mentees are the field's future leaders.

Topics covered within the mentorship

- Research study development, implementation, and replication
- Clinical exposure to management of sleep disorders
- Scientific communication skills, including presenting and publishing
- Obtaining and managing research funds
- Career development and sleep clinic entrepreneurship

Benefits and outcomes

- Funded travel and registration to attend two sleep meetings, including the World Sleep congress
- Focused development of your research interests and projects
- Career support in academic medicine
- Welcoming into an international sleep community

Wondering if IS RTP is the right fit for you?

Contact info@worldsleepsociety.org at any time with questions or to schedule a 30-minute discussion with the program coordinator.

Application period for 2023-2024 mentorship

- December 1, 2022 - March 31, 2023
- Program begins July 1, 2023
- Apply at worldsleepsociety.org/isrtp





Match with a Leader in Sleep Research

When applying for ISRTTP, you will choose several preferred mentor sites. ISRTTP mentors come from many of the world's leading sleep research institutions and are recognized leaders in the sleep field. You will be offered a placement that matches both your preferences and the mentor site's specialties in research. For a complete list of mentor sites and their research interests, visit worldsleepsociety.org/isrtp



Thomas Penzel, PhD
Charité University Hospital Berlin



Joerg Steier, PhD
King's College London



Guy Leschziner, PhD
King's College London



Simon Kyle, PhD
University of Oxford



Birgit Högl, MD
Medical University of Innsbruck



Dieter Riemann, PhD
University Medical Center Freiburg



Susan Redline, MD, MPH
Harvard University



Allan Pack, MBChB, PhD
University of Pennsylvania



Masashi Yanagisawa, MD, PhD
University of Tsukuba



Clete Kushida, MD
Stanford University



Fang Han, MD
Peking University People's Hospital



Uma Deveraj, DNB, MBBS
St. John's Medical College Hospital



Uma Maheswari Krishnaswamy, MD
St. John's Medical College Hospital



Sean Drummond, PhD
Monash University



Danny Eckert, PhD
Flinders University



Brendon Yee, MCChB, PhD
University of Sydney



Karen Spruyt, PhD
Université Paris Cité



This educational initiative is supported by Philips.